

Foundation Todos Juntos 2024 Annual Impact Report



Portrait of Impact: Alicia's Story

Some of you may remember Alicia's story from earlier in 2024. A mother of two, Alicia suffered from generalized discomfort, pain in her neck and back, muscle spasms, vertigo, nausea, insomnia, and anxiety for about two years. The 32 Volcanes Clinic was her last hope.

Alicia confided in the Clinic doctor, Dr. Escarleth, about her symptoms and her difficult home life. Dr. Escarleth ordered various labs and tests to gain a clearer picture of Alicia's condition.



After receiving the results, Dr. Escarleth assured Alicia that her conditions were treatable and that together they would work to improve her health. Alicia received medications free of charge and Dr. Escarleth included nutritional recommendations in Alicia's treatment plan.

As part of the 32 Volcanes Chronic Patient Program, Alicia was seen by Christian, the physical therapist, that very day and scheduled a counseling appointment with Carmen Maria, the 32 Volcanes psychologist.

After a month of medication, physical therapy, improved nutrition, regular exercise, and mental health counseling, Alicia had lost 6 lbs., was sleeping better, and her pain and vertigo were considerably reduced. Alicia's early progress encouraged and motivated her to stick with all aspects of her integrated treatment.

"I thank Dr. Escarleth for everything—her words and her manner with patients...We need organizations like 32 Volcanes so that more people can receive care and achieve health and wellness."

Today Alicia's health is under control and she only returns to 32 Volcanes for her annual check-up!

Foundation Todos Juntos

Foundation Todos Juntos (FTJ) has supported transformative community projects in and around Quetzaltenango (Xela), Guatemala since 2001. FTJ supports community-driven health, education, social work, and environmental projects that uplift and honor the history and culture of families and individuals living in the Western Highlands of Guatemala.

FTJ is driving impactful change by supporting Asociación 32 Volcanes (hereafter 32 Volcanes or 32V), a Guatemalan nonprofit, with grants totaling \$156,796 in 2024. Their projects enhance the quality of life for individuals, families, and communities, ensuring a brighter future for all.

Asociación 32 Volcanes

Founded in 2019 by Carmen de Alvarado, Roney Alvarado, and other family and community members, 32 Volcanes centers its work on health, education, agroecology, and culture. They bring their mission to life through the Scholarship Program, the Family Support Center, the Nutrition Program, the Clinic, Health Scholarships, a variety of environmental/agroecological projects, and cultural activities. Each program is designed to create lasting positive change and strengthen the local communities in integrated ways.

32V is comprised of local professionals, infusing their work with a deep personal connection and dedication to their communities and country.

In 2024, Foundation Todos Juntos supported the operations of 32V with a grant of \$44,781 plus \$13,300 in special funding for capacity building efforts.



Family Support Center



The Family Support Center (FSC) is located in Llano del Pinal, a Maya K'iche' community south of Quetzaltenango. Using elements of Waldorf pedagogy, the FSC serves as a childcare center and after-school program for 36 children, from toddlers to 6th grade, including children with special needs. School-age FSC children also receive scholarships through the 32 Volcanes Scholarship Program.

The school-age children attend school in the morning and arrive at the Family Support Center for a hot, nutritious lunch and an afternoon of homework and activities, while early childhood youth arrive in the morning. Work in the FSC vegetable garden and reforestation efforts thrived in 2024, providing hands-on agroecology education.

One of the most inspiring aspects is that the current FSC educators are graduates of the program themselves. Their dedication and achievements serve as a powerful example for the FSC children, demonstrating the real-world impact of their education.

In 2024, FTJ provided a total grant of \$34,625 to the Family Support Center. In-kind and financial donations made directly in Guatemala also support the FSC.

The Scholarship Program

Education was the paramount concern for Carmen, Roney, and their colleagues when they founded the Pop Wuj Spanish School in the early 1990s. A scholarship program was their first social endeavor and it lives on today at 32V.

In 2024, all three of the Scholarship Program's university graduates were young women. Iris graduated with a degree in economics, Veronica graduated with a nursing degree, and Yolanda graduated with an English education degree. All three young women are putting their degrees and experience to work making Guatemala a better, healthier, and more educated country. ¡Felicidades Iris, Vero y Yoli!



The Scholarship Program offered crucial funds and support to 109 Guatemalan students in 2024. Scholarships are funded by contributions from committed donors who often continue their support year after year. More than just financial assistance, 32V provides informal education for parents and helps families navigate the educational system.

In 2024, the Scholarship Program celebrated 13 graduates from primary school, ten from middle school, four from high school, one from a vocational program, and three young women from university. Each graduation is a testament to the student's hard work, the family's commitment, and the program's impact.

In 2024, FTJ provided a total grant of \$30,629 to the Scholarship Program. Donations made directly to 32V in Guatemala also support the Scholarship Program.

Nutrition and Food Sovereignty Go Hand-in-Hand

32 Volcanes has developed strategies to support families and communities to make informed decisions and respond effectively to climate change, biodiversity loss, food insecurity, and environmental damage. 32V continues to focus on the importance of food sovereignty and family and community vegetable gardens.

In 2024, the 32V Agroecology team worked with the families of 28 of the most vulnerable Nutrition Program child participants as well as two patients in the chronic illness program to provide cold-frame raised-bed gardens as part of a pilot program.

These families cultivated a variety of plants and herbs and diversified their diets. The improved diets of the children resulted in an average growth velocity of 0.71 cm/month, which was higher than the 0.5 cm/month average growth velocity of other children in the Nutrition Program in 2024.



More About the Nutrition Program

In 2024, the Nutrition Program provided care to 155 children aged six months to five years in Llano del Pinal, Buena Vista, La Victoria, and Xeabaj II. Stunting affects nearly 47% of all Guatemalan children under age 5, with even higher rates in rural, Indigenous communities. Stunting delays developmental milestones, affects neurological development, and increases the risk of obesity and chronic diseases later in life.

In 2024, thirty-six children graduated from the Nutrition Program, with marked improved health. 32V staff and volunteers provide comprehensive services, including education, growth monitoring, nutrition and medical consultations, and referrals for specialized care. They also distribute essential nutritional supplements and food such as eggs, amaranth atol, Chispuditos, and Incaparina.

The team also monitors the hemoglobin levels of the children and their mothers. During the first monitoring of 2024, 43% of the children had either moderate or severe anemia. In addition, 21% of the mothers had moderate anemia. By November, zero children were suffering from severe anemia and only 26% were found to have either mild or moderate anemia.

In 2024, FTJ provided a total grant of \$23,761 to Nutrition Program. Additional funding was provided by direct donations in Guatemala and support from Timmy Global Health.



Clinic & Health Scholarships

The 32 Volcanes Clinic provides holistic healthcare including primary care and referrals, nutrition consults, physical therapy/exercises, mental health counseling, and treatment for patients with chronic illnesses to the underserved population in Quetzaltenango and the surrounding rural areas.

In 2024, the most commonly diagnosed illnesses were diabetes, hypertension, gastritis, urinary tract infections, and chronic neuropathy. Of the patients with diabetes and/or hypertension, 86.5% were stabilized by the end 2024.



Other 32V Clinic Highlights

- Free wellness check-ups and health care for the children and families of the Family Support Center and the Scholarship Program
- A focus on menstrual health, including La Luna Roja sessions and two menstrual justice conferences in collaboration with the University of Bath

In 2024, FTJ provided a total grant of \$7,702 to the 32V Clinic. A grant from Timmy Global Health, local donations, and the 32V Clinic's own revenue also support the project.

The Health Scholarship Program provided essential support for five children and youth with disabilities who need life-sustaining medication and treatment beyond the scope of 32V Clinic in 2024. The children and youth benefit from financial aid to help manage their health care costs. In 2024, Foundation Todos Juntos provided a total grant of \$1,938 for the Health Scholarship Program.

Environmental Projects

Highlights from 2024

- 32V worked toward food sovereignty with community gardens and the cultivation of oyster mushrooms with 21 mothers from the Nutrition Program.
- 32V project participants, staff, and volunteers planted a total 1,383 trees in the biological corridor and watershed areas as part of their reforestation efforts.
- GIZ supported the family raised-bed vegetable garden pilot project, including educational workshops. The families planted a variety of crops, with an average of six different vegetables and herbs per garden.
- Experts Solidaires financed a pilot project to install two community biodigesters in La Victoria and Llano del Pinal. The biodigesters will provide biogas for cooking and biol, an organic fertilizer.
- In partnership with Clean Water for the World, 32V assisted in the installation of two water purifiers at the elementary school in La Victoria and at the Family Support Center in Llano del Pinal.

The majority of the Environmental Projects were supported by [Timmy Global Health](#), [Deutsche Gesellschaft für Internationale Zusammenarbeit \(GIZ\)](#), [Experts Solidaires](#), and donations made directly to 32V in Guatemala. In 2024, Foundation Todos Juntos provided a total grant of \$60 for the Environmental Projects.



2024 Financial Summary

Revenue:		
Private Donations	\$148,284	99.93%
Interest Income	\$105	0.07%
Total Revenues	\$148,389	100.00%
Beginning Fund Balance	\$68,593	
Total Available Resources	\$216,982	
Expenditures:		
Asociación 32 Volcanes	\$44,781	27.70%
Family Support Center	\$34,625	21.40%
Scholarship Program	\$30,629	18.90%
Nutrition Program	\$23,761	14.70%
32 Volcanes Capacity Building	\$13,300	8.20%
Clinic	\$7,702	4.80%
Health Scholarship Program	\$1,938	1.20%
Environmental Projects	\$60	0.00%
Total Programmatic Expenditures	\$156,796	96.90%
General Administration Expenses	\$4,934	3.10%
Total Expenditures	\$161,730	100.00%
Ending Fund Balance*	\$55,252	
Total Commitments & Fund Balance	\$216,982	

*Funds available at the end of 2024 were largely committed to 2025 projects.

Note: FTJ financial reports are compiled using Cash Basis Accounting.

Definitions

Beginning Fund Balance: Actual funds available on January 1, 2024.

General Administration Expenses: Expenses include bank, PayPal, and Venmo fees, accounting services, registration with state authorities, postage, and insurance.

A Message from the Board of Directors

For Foundation Todos Juntos, 2024 marked a year of project growth and organizational development. With an intentional focus on expanded communication, FTJ dove into the world of social media to share the latest updates and images from the projects in Guatemala. The increased outreach and highlighting participant stories drew supporters closer to our mission and to the people whose lives are touched by the projects in Guatemala. In 2024, we reached a new milestone—our largest grantmaking year to date!

Additionally, Foundation Todos Juntos supported 32 Volcanes' capacity building efforts as an investment in their sustainability. 32 Volcanes has focused on diversifying their partnerships with funders as well as with other international and Guatemalan institutions including [Universidad Rafael Landivar](#) in Xela, [Columbia University Mailman School of Public Health](#), [LaGuardia Community College](#), [American Women for International Understanding](#), [RedSAG](#), [Asogturc](#), and [CEIPA/Glasswing](#). Growing the local volunteer base and in-kind support leveraged the resources that already exist in Guatemala.

We deeply value our partnership with 32 Volcanes and look forward to continuing our collaboration as their transformational programs foster vibrant generational change.

Finally, we want to take a moment to express our heartfelt gratitude to you, our supporters, for your steadfast trust and contributions that drive the positive impact we are achieving together in Guatemala. You make these projects possible. ¡Muchas gracias!

Yours in Dedicated Service,
Foundation Todos Juntos Board of Directors

Foundation Todos Juntos

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